

Go	At	On	For
	0.0	Start of route	0.0
ST	0.0	Soundview Ferry ⇒ Sounview Ave	0.4
BR	0.4	Stephen⇒ Compton⇒Patterson	0.5
R	0.9	White Plains Rd	0.1
1R	1.0	Lacombe Ave	0.7
TL	1.7	Zerega Ave	1.0
R	2.7	Commerce Ave	0.7
R	3.4	Westchester Ave	0.1
L	3.5	Blondell Ave	0.4
BR	3.9	Eastchester Rd	0.1
X	4.0	Bagels & Cream - restroom	0.4
R	4.5	Stillwell Ave	0.3
R	4.8	Pelham Pkwy - service road, sidewalk	0.1
L	4.9	Stillwell Ave	0.4
L	5.4	Ely Ave	0.2
L	5.6	Gun Hill Rd - sidewalk	0.3
RL	5.8	Gun Hill Rd - road	0.1
BR	5.9	Gunther Ave	0.1
R	6.0	Bartow Ave	0.6
L	6.7	Co Op City Blvd	0.8
R	7.5	Peartree⇒ Conner⇒ 22/Provost	0.9
L	8.4	Kingsbridge Rd	0.3
R	8.7	6 Ave	1.7
TR	10.4	Lincoln Ave	0.1
L	10.5	Gramatan Ave - traffic circle	1.3
TL	11.9	Pondfield Rd	0.1
R	12.0	Midland Ave	1.0
L	13.0	37/Winter Hill Rd	0.1
QR	13.0	Marbledale Rd	0.6
L	13.7	Fisher Ave	0.2
X	13.9	Martine's Bake Shop - restroom	0.0
R	13.9	Columbus⇒ Dale	0.1
X	14.0	Bagel Loft - restroom	0.7
L	14.6	Leewood Dr - careful, line up on Leewood and wait for green light	0.0
QR	14.7	Bronx River bike path	0.4
X	15.1	Bronx River Fieldhouse - restrooms	0.4
LR	15.5	Harney⇒ BRP	1.2

Go	At	On	For
L	16.7	foot bridge	0.0
R	16.7	Aqueduct⇒ Pipeline - careful	1.4
R	18.1	Hartsdale Ave	0.0
X	18.1	Hartsdale bagel - restroom	0.3
R	18.4	Columbia Ave	0.4
L	18.9	Jane St	0.1
R	19.0	Central Park Ave	0.3
R	19.3	Chatterton Pkwy	0.9
R	20.2	Battle Ave	0.1
R	20.2	Main St	0.0
QL	20.3	Bronx St	0.5
BR	20.8	Bronx River Bikeway	2.5
L	23.3	Broadway	0.3
X	23.6	Kensico Kitchen, Valhalla Deli	0.0
L	23.7	Cleveland St	0.1
QR	23.7	High⇒ Howard - up	0.3
LR	24.0	Legion⇒ Commerce - careful	2.6
RR	26.5	Ft Washington⇒ Pearl - up	0.1
L	26.7	Marietta Ave	0.8
BR	27.4	Commerce St - careful	0.5
BL	27.9	Franklin Ave	0.4
L	28.3	Garrigan Ave	0.3
R	28.6	Saratoga Ave	0.2
L	28.8	Meadow Ln	0.1
L	28.9	Sunnyside Ave	0.0
R	28.9	Tompkins Ave	0.3
L	29.3	Bedford Rd	0.1
X	29.4	Jean-Jacques - restroom	0.0
R	29.4	Memorial Plaza⇒ Grant Rd	0.3
LR	29.7	Pleasant⇒ Congress	0.1
1R	29.8	Sarles Ln	0.1
1L	29.9	Crawford St	0.0
TL	29.9	Mountain Rd - up	0.3
BR	30.2	Cedar Ave	0.1
R	30.2	Hillside Ave	0.2
L	30.4	Alpine Terr - UP	0.0
QR	30.4	Gavin Dr	0.1
TL	30.5	Rosehill Rd	0.1
TR	30.6	Hardscrabble Rd	2.0
L	32.6	Douglas Rd	0.1
L	32.8	Skywood Rd	0.2
BR	32.9	Chappaqua Rd	1.1

Go	At	On	For
BL	34.0	Washburn Rd	1.0
TR	35.0	Pleasantville Rd	0.5
R	35.6	Law Memorial Park - restrooms	0.1
R	35.7	N County Trailway	7.2
X	42.9	portosan	0.3
L	43.1	119/Main St	0.0
R	43.2	South County Trailway	0.1
X	43.3	portosan	8.9
L	52.2	Mile Square Rd	0.4
R	52.6	Mile Square Rd	0.1
L	52.7	Midland Ave	1.0
R	53.7	Kimball Ave	0.1
L	53.8	Midland Ave	0.3
R	54.1	Bronx River Rd⇒ Webster	4.2
X	58.4	Norwood-205 St D Subway	0.6
L	59.0	Bedford Park Blvd	0.1
R	59.1	Southern Blvd	0.6
BR	59.7	Crotona⇒ Prospect	1.5
X	61.2	Crotona Park Fieldhouse - restrooms	2.1
BR	63.3	Southern Blvd	0.4
R	63.6	142 St	0.1
L	63.8	Concord Ave	0.1
L	63.8	141 St	0.3
R	64.1	Walnut Ave	0.3
R/U	64.4	136 St⇒ Bronx Brewery - portosan	0.1
R	64.5	Walnut Ave	0.2
R	64.7	132 St	0.1
L	64.8	Randalls Island Connector	0.2
R	65.0	Harlem Riv Pathway	1.2
R	66.2	Little Hell Gate Brdg	0.1
R	66.4	Harlem Riv Pathway	0.6
ST	67.0	Ward's Island Bridge <i>R - right; L - left; 1 - first turn after last cue; 2 - second turn; B - bear (left-right); LRL - turns in quick succession, S - straight; T - end of the road; TSO - to stay on; U - U-turn; X - cross or pass by; ⇒ - roads that run together; / - roads with multiple names; contact: Neile Weissman - nww@mac.com</i>	0.0

Go	At	On	For
	67.0	End of route	