

Go	At	On	For
	0.0	Start of route	0.0
ST/L	0.0	Aberdeen-Matawan NJT ⇒ Atlantic Ave	0.4
R	0.4	Little St	0.2
L	0.6	Broad St	0.1
L	0.8	Center St	0.1
RL	0.8	Orchard⇒ Stillwell	0.1
R	0.9	Henry Hudson Bike Trail	0.4
X	1.3	Matawan Mall, Dunkin Donuts, Wallgren's - restrooms	0.4
X	1.7	79 TSO HHBT	4.0
BR	5.8	79	0.8
X	6.6	Dunkin Donuts, Food Emporium - restrooms	0.3
L	6.9	Quincy St	0.2
TR	7.1	Maywood Dr	0.2
L	7.3	Allen St⇒ HHBT	1.3
L	8.6	School Rd	3.2
TL	11.7	537 - careful	0.3
R	12.1	Five Points Road	1.8
L	13.9	Brickyard Rd	0.5
R	14.3	Buckalew Rd	0.9
R	15.2	Brickyard⇒ Fairfield	2.2
L	17.4	Adelphia-Farmingdale	2.8
R	20.2	Main⇒ Squankum Yellowbrook	0.3
X	20.5	Breakfast Club, Stop & Shop - restrooms	2.1
L	22.6	Allaire⇒ Atlantic	1.3
R	23.9	Freehold and Jamesburg Railroad Trail	2.1
X	26.1	Allenwood General Store - restroom	1.6
L	27.6	Wall Township Bike Path	1.5
R	29.2	Allaire Rd	1.0
L	30.2	Old Mill Rd	0.4
RL	30.6	35⇒ Old Mill - careful	0.5
TLR	31.1	18 Ave⇒ Old Mill	0.6
TL	31.6	Marconi Rd	0.4
L	32.1	TSO Marconi Rd	0.2
R	32.3	TSO Marconi Rd	0.9
R	33.2	Brighton Ave	0.4
R	33.5	Lakewood⇒ East End	1.2

Go	At	On	For
TR	34.7	Sylvania Ave	0.1
2L	34.9	Neptune Ave	0.2
R	35.1	3 Ave	0.4
X	35.4	Ice Cream Shoppe - restroom	0.4
TRL	35.8	Memorial Dr⇒ Evergreen Ave	0.2
X	36.0	Bradley Beach NJT, Vic's Pizza - restroom	0.6
TL	36.5	Ocean Ave	0.8
BR	37.4	Boardwalk	0.2
LR	37.5	Ocean Ave	0.6
X	38.1	Asbury Park Casino - restrooms	0.0
LR	38.2	Asbury⇒ Ocean	0.6
TL	38.8	7 Ave	0.1
R	38.9	Kingsley St	0.1
TR	39.1	Lake Dr	0.3
2R	39.3	Ocean Ave	3.7
R	43.1	TSO Ocean⇒ Boardwalk	1.1
L/U	44.2	Morris Ave⇒ Long Branch NJ Transit	0.2
R/L	44.4	Melrose Terr⇒ boardwalk	0.2
X	44.6	Long Branch Beach - restrooms	0.5
BL	45.1	Seaview Ave	0.2
R	45.3	Ocean Blvd	4.2
BR	49.5	Ocean Ave - bike path	1.6
BL	51.1	36/Ocean Ave - careful, get to shoulder	0.8
R	51.9	Miller St	0.1
R	52.0	Shore Dr	0.4
X	52.4	Moby's Lobster Deck - restrooms	0.0
L	52.4	Bay Ave	0.9
LR	53.3	Central⇒ Shore	0.2
X	53.5	Highlands Seastreak Ferry - vending machines, restrooms	0.5
S	54.0	Henry Hudson Bike Trail	1.8
X	55.8	Atlantic Highlands Seastreak Ferry - restrooms	0.1
R	55.9	Bay Ave	0.4
L	56.3	Ave D	0.3
R	56.6	Henry Hudson Bike Trail (HHBT)	8.6

Go	At	On	For
LR	65.2	Atlantic⇒ Maple⇒ HHBT	1.1
LR	66.3	Broadway⇒ Gerard	0.3
L	66.6	Lower Main St	0.3
L	67.0	Atlantic Ave	0.1
ST	67.1	Aberdeen-Matawan NJT <i>R - right; L - left; 1 - first turn after last cue; 2 - second turn; B - bear (left-right); LRL - turns in quick succession, S - straight; T - end of the road; TSO - to stay on; U - U-turn; X - cross or pass by; ⇒ - roads that run together; / - roads with multiple names; contact: Neile Weissman - nww@mac.com</i>	0.0
	67.1	End of route	