

Go	At	On	For
	0.0	Start of route	0.0
<b>ST/L</b>	<b>0.0</b>	<b>Pink Moose - restroom⇒ 1 Ave</b>	<b>0.1</b>
<b>L</b>	0.1	Queensboro Bridge⇒ QB Bike Path	1.6
<b>L</b>	1.7	29 St	0.7
<b>R</b>	2.4	35 AVENUE	0.3
<b>L</b>	2.7	35 STREET	1.0
<b>R</b>	3.8	Astoria Blvd S	0.5
<b>BR</b>	4.2	278/BQE service road⇒ 28 Av	0.7
<b>TL</b>	4.9	30 Ave	1.5
<b>TRL</b>	6.4	96 St⇒ 31 Av	0.4
<b>TR</b>	6.8	Astoria Blvd⇒ 114 St	1.2
<b>TR</b>	8.1	44 Ave	0.2
<b>L</b>	8.2	111 St	0.6
<b>BL</b>	8.9	Corona Ave⇒ walkway over LIE	0.3
<b>R</b>	9.2	Grand Central Pkwy - service road	1.7
<b>R</b>	10.9	77 Ave - up	0.1
<b>L</b>	11.0	Queens Blvd - service road	0.2
<b>BR</b>	11.1	towards Kew Gardens Rd	0.1
<b>LLR</b>	11.2	80 Rd⇒ Queens Blvs⇒ Grand Central Parkwy - service road	0.5
<b>BR</b>	11.7	TSO Grand Central Pkwy - service road	1.1
<b>X</b>	<b>12.8</b>	<b>Joseph Austin Playground - restrooms</b>	<b>1.4</b>
<b>BL</b>	14.2	85 Rd	0.3
<b>BL</b>	14.5	McLaughlin Ave	0.3
<b>R</b>	14.9	Francis Lewis Blvd	0.5
<b>L</b>	15.3	Hillside Avenue	0.1
<b>X</b>	<b>15.4</b>	<b>Bellaire Playground - restrooms</b>	<b>0.9</b>
<b>X</b>	<b>16.3</b>	<b>MacDonald's - restroom</b>	<b>0.1</b>
<b>R</b>	16.4	Braddock Ave	0.8
<b>X</b>	<b>17.2</b>	<b>Breninger Park - restrooms</b>	<b>0.3</b>
<b>S</b>	17.5	245 St	0.1
<b>L</b>	17.7	Ontario Rd	0.6
<b>L</b>	18.3	Remsen Ln	0.1
<b>R</b>	18.4	25/Jericho Tnpk	0.5
<b>X</b>	<b>18.9</b>	<b>Buttercooky Bakery and Cafe - no restroom</b>	<b>0.2</b>
<b>R</b>	19.1	Plainfield Ave	0.6
<b>R</b>	19.7	Carnation Ave	0.5

Go	At	On	For
<b>L</b>	20.2	Florence St	0.1
<b>1L</b>	20.3	Roger⇒ Superior - bear left onto sidewalk to bypass barrier	1.1
<b>TRL</b>	21.4	238 St⇒ 95 Av	0.3
<b>TL</b>	21.7	222 St	0.3
<b>R</b>	22.0	100 Ave	0.4
<b>TL</b>	22.3	218 St⇒ 100 Av	0.2
<b>L</b>	22.6	217 St	0.1
<b>R</b>	22.6	99 Ave	0.3
<b>TRL</b>	22.9	212 St⇒ 99 Av	0.1
<b>BR</b>	23.0	TSO 99 Ave	1.1
<b>TL</b>	24.1	189 St - careful crossing Hollis-Farmer's Blvd	0.1
<b>R</b>	24.2	Henderson⇒ 183 Pl	0.3
<b>X</b>	<b>24.5</b>	<b>Peter's Field - restrooms</b>	<b>0.1</b>
<b>R</b>	24.6	Liberty Ave	0.6
<b>LR</b>	<b>25.2</b>	<b>173 St⇒ Williams Tennis Courts - restrooms</b>	<b>0.1</b>
<b>RL</b>	25.3	173 St⇒ Liberty Ave	0.3
<b>L</b>	25.6	Merrick Blvd - careful	0.0
<b>QR</b>	25.7	Tuskegee Airmen Way	1.1
<b>R</b>	26.8	Pinegrove St	0.2
<b>TL</b>	27.0	Liberty Ave	0.2
<b>BR</b>	27.2	103 Ave	0.3
<b>R</b>	27.6	126 St	0.3
<b>TL</b>	<b>27.9</b>	<b>95 Ave - Phil Rizzuto Park - restrooms</b>	<b>0.3</b>
<b>R</b>	28.2	Lefferts Blvd	0.6
<b>BL</b>	28.8	Babbage St	0.4
<b>TL</b>	29.2	84 Ave	0.2
<b>R</b>	29.4	Myrtle Ave	0.1
<b>R</b>	29.5	Forest Park Greenway	0.1
<b>L</b>	29.6	TSO Forest Park Greenway	2.2
<b>X</b>	<b>31.8</b>	<b>Dry Harbor Park - restrooms</b>	<b>0.0</b>
<b>L</b>	31.8	Myrtle Ave	0.7
<b>R</b>	32.5	69 Pl⇒ Otto Rd	0.8
<b>R</b>	33.3	65 St	0.1
<b>L</b>	33.4	Catalpa Ave	0.5
<b>R</b>	33.9	Woodward Ave	1.3
<b>TL</b>	35.2	Metropolitan⇒ Grand	0.6
<b>BL</b>	35.8	Grand St	0.2
<b>RL</b>	35.9	Morgan⇒ Devoe	0.9

<b>Go</b>	<b>At</b>	<b>On</b>	<b>For</b>
<b>TR</b>	36.8	Union Ave	0.1
<b>1L</b>	36.9	Metropolitan Ave	0.3
<b>L</b>	37.2	Roebing St	0.3
<b>BR</b>	37.5	<b>Continental Army Plaza - Williamsburg Brdg</b> <i>R - right; L - left; 1 - first turn after last cue; 2 - second turn; B - bear (left-right); LRL - turns in quick succession, S - straight; T - end of the road; TSO - to stay on; U - U-turn; X - cross or pass by; ⇒ - roads that run together; / - roads with multiple names; contact: Neile Weissman - nww@mac.com</i>	0.1
	37.6	End of route	