

Go	At	On	For
	0.0	Start of route	0.0
<b>R</b>	0.0	Sharp right onto Riverside Dr	0.0
<b>QR</b>	0.1	after Bank of America Financial Center (on the right)	0.2
<b>L</b>	0.2	Sherman Ave	0.3
<b>R</b>	0.6	W 207th St	0.3
<b>S</b>	0.9	University Heights Bridge	0.1
<b>S</b>	1.0	W Fordham Rd	0.7
<b>BR</b>	1.8	E 188th St	0.5
<b>R</b>	2.3	3rd Ave.	0.0
<b>QL</b>	2.3	E 188th St	0.4
<b>L</b>	2.7	Cambreleng Ave	0.2
<b>R</b>	2.9	E Fordham Rd	0.1
<b>S</b>	3.0	Take the ramp to US-1 N/ŃNE Fordham Rd	0.1
<b>S</b>	3.1	Merge onto US-1 N/ŃNE Fordham Rd	0.2
<b>S</b>	3.3	Take the Bronx River Pkwy S exit toward Soundview Park	0.0
<b>BL</b>	3.4	Slight left	0.2
<b>BR</b>	3.5	the ramp	0.0
<b>QL</b>	3.6	Turn left	0.0
<b>QL</b>	3.6	Pelham Pkwy S	0.1
<b>S</b>	3.7	Pelham Pkwy S	0.6
<b>R</b>	4.3	Haight Ave	0.0
<b>QL</b>	4.3	Esplanade	0.0
<b>BR</b>	4.4	Pelham Pkwy S	0.6
<b>R</b>	5.0	Turn right	0.0
<b>QL</b>	5.0	Turn left	0.0
<b>QL</b>	5.0	Turn left	0.0
<b>QR</b>	5.0	Pelham Pkwy S	0.0
<b>QR</b>	5.1	Pelham Pkwy S	0.0
<b>QR</b>	5.1	Pelham Pkwy S	0.0
<b>QR</b>	5.1	Pelham Pkwy S	0.4
<b>L</b>	5.5	Stillwell Ave	0.1
<b>S</b>	5.6	Bronx and Pelham Pkwy	0.1
<b>QR</b>	5.6	at Stillwell Ave	0.1
<b>QL</b>	5.7	at Marconi St	0.0
<b>QR</b>	5.7	the ramp	0.0
<b>QL</b>	5.8	Turn left	0.1
<b>L</b>	5.9	Turn left	0.0
<b>BR</b>	5.9	Slight right	0.1

Go	At	On	For
<b>BL</b>	6.0	Slight left	0.5
<b>R</b>	6.5	Turn right	0.1
<b>L</b>	6.6	Turn left	0.0
<b>QR</b>	6.7	Turn right	0.0
<b>QL</b>	6.7	Turn left	0.0
<b>QR</b>	6.7	Turn right	0.1
<b>BL</b>	6.7	Slight left	0.3
<b>TR</b>	7.0	Shore Rd⇒ City Island Brdg - <b>sidewalk</b>	0.7
<b>BR</b>	7.7	bike path towards City Island	1.3
<b>BR</b>	9.0	City Island Ave	1.3
<b>ST/U</b>	10.4	<b>Johnny's Reef</b>	0.7
<b>R</b>	11.1	Fordham St	0.1
<b>L</b>	11.2	King Ave	0.2
<b>TLR</b>	11.4	Ditmars⇒ King	0.2
<b>TLR</b>	11.6	Beach⇒ Minnieford	0.2
<b>RL</b>	11.8	Kilroe⇒ King	0.3
<b>TL</b>	12.1	Terrace St - <b>sharp</b>	0.1
<b>R</b>	12.2	Bridge St	0.1
<b>R</b>	12.3	City Island Brdg⇒ bike way	1.5
<b>TR</b>	13.7	Shore Road bike path	0.3
<b>L</b>	14.1	bike path to Co-Op City - <b>careful crossing main roads</b>	1.0
<b>TL</b>	15.1	Bartow Ave	0.1
<b>RL</b>	15.2	TSO Bartow - <b>careful</b>	0.1
<b>R</b>	15.3	Co Op City Blvd	0.8
<b>R</b>	16.1	Peartree Ave	0.2
<b>S</b>	16.3	Conner St	0.2
<b>L</b>	16.5	New England Thruway	0.6
<b>BR</b>	17.0	Givan Ave	0.3
<b>R</b>	17.3	E 222nd St	0.8
<b>L</b>	18.0	Laconia Ave	0.6
<b>BL</b>	18.6	TRO Laconia Ave	0.2
<b>BR</b>	18.8	Boston Rd	0.0
<b>QR</b>	18.9	Burke Ave	0.8
<b>R</b>	19.7	Turn right	0.0
<b>QR</b>	19.7	Turn right	0.3
<b>BR</b>	20.0	towards 204 St	0.1
<b>L</b>	20.1	Webster Ave	0.2
<b>R</b>	20.3	E Mosholu Pkwy N	0.8
<b>L</b>	21.1	path⇒ Paul Ave - <b>just past elevated train</b>	0.6

<b>Go</b>	<b>At</b>	<b>On</b>	<b>For</b>
<b>R</b>	21.7	Bedford Park Blvd W	0.1
<b>L</b>	21.9	Goulden Ave	0.3
<b>RR</b>	22.2	197⇒ Reservoir	0.4
<b>BR</b>	22.6	Sedgwick Ave	0.2
<b>L</b>	22.8	Ft Independence St	0.1
<b>BL</b>	22.9	Heath Ave	0.5
<b>R</b>	23.4	W Kingsbridge⇒ 225 St	0.3
<b>L</b>	23.7	Broadway Bridge - <b>walk bikes</b>	0.3
<b>R</b>	24.1	218 St	0.2
<b>L/ST</b>	24.3	Seaman Ave - <b>Anne Loftus Play-ground</b> <i>R - right; L - left; 1 - first turn after last cue; 2 - second turn; B - bear (left-right); LRL - turns in quick succession, S - straight; T - end of the road; TSO - to stay on; U - U-turn; X - cross or pass by; ⇒ - roads that run together; / - roads with multiple names</i>	0.8
	25.0	End of route	