

Go	At	On	For
	0.0	Start of route	0.0
ST/R	0.0	Pink Moose⇒ 1 Ave	0.1
L	0.1	Queensboro Bridge Path	1.5
U	1.6	Queensboro Bridge Greenway	0.2
BR	1.8	TSO Queensboro Bridge Greenway	0.3
TR	2.1	Vernon Blvd	1.5
BR	3.6	Main Ave⇒ Astoria Blvd	0.2
L	3.8	12 St⇒ Shore Blvd	1.3
TR	5.0	20 Ave	0.9
L	5.9	37 St	0.0
L	5.9	Woodtree Playground - restrooms	0.2
TR	6.1	19 Ave⇒ 81 St	1.0
L	7.1	Ditmars Blvd⇒ 82 St	0.2
L	7.3	23 Ave - careful	0.2
L	7.5	86 St⇒ Ditmars Blvd - careful	0.9
S	8.4	TSO Ditmars - circle	0.9
L	9.3	Astoria Blvd	0.1
BR	9.4	114 St	0.5
L	10.0	Roosevelt Ave	0.1
R	10.1	towards Olmsted Dr	0.1
L	10.1	Shea Rd	0.2
L	10.3	Meridian Rd	0.6
L	10.9	East Rd⇒ 131 St	0.4
L	11.3	Fowler Ave	0.2
RL	11.5	College Point⇒ Blossom - fast light!	0.1
R	11.6	Crommelin St	0.1
L	11.7	Cherry Ave	0.2
R	11.9	Colden⇒ Oak	1.0
L	12.9	156 St	0.3
R	13.2	46 Ave⇒ Hollis Ct⇒ 47 Ave⇒ Rocky Hill⇒ 48 Ave	2.6
TL	15.8	Springfield Blvd	0.3
R	16.1	Northern Blvd	0.0
X	16.2	Dunkin - restroom	0.4
L	16.5	Brooklyn-Queens Greenway/Northern Blvd	2.4
TR	19.0	Totten Ave - careful	0.1
X	19.0	Little Bay Park - restrooms	0.0
LL	19.1	Brooklyn-Queens Greenway	0.7

Go	At	On	For
L	19.8	Cryders Ln	0.2
R	20.0	166 St	0.4
TL	20.3	Powells Cove Blvd	0.1
RL	20.5	161 St⇒ Riverside Dr	0.3
RL	20.7	158 St⇒ RSD	0.1
TR	20.9	RSD⇒ 154 Pl	0.1
RL	21.0	Powells Cove⇒ 154 St	0.2
ST/U	21.2	Tony's Beechhurst Deli	0.1
L	21.3	10 Ave	0.2
R	21.5	152 St	0.1
L	21.6	Powells Cove Blvd⇒ 7 Ave	0.2
R	21.8	151 St⇒ Powells Cove Blvd	0.3
L	22.1	3 Ave	0.4
BR	22.5	Francis Lewis Park	0.1
X	22.6	Francis Lewis Park - restrooms	0.0
R	22.6	3 Ave	0.1
R	22.7	Parsons Blvd	0.1
L	22.8	Malba⇒ Whitestone	0.7
R	23.5	14 Ave	0.8
L	24.3	129 St	0.5
L	24.7	23 Ave⇒ Linden Pl	1.2
R	25.9	35 Ave	0.1
L	26.1	Prince St	0.1
R	26.2	Flushing Creek Bridge - path	0.3
TL	26.5	Flushing Bay Promenade	0.3
BL	26.8	Marina Rd	0.5
L	27.2	Boat Basin Pl	0.1
QR	27.3	path ⇒ 34 Ave	1.3
L	28.6	Junction Blvd	0.1
R	28.7	35 Ave	1.4
L	30.2	63 St	0.3
R	30.4	39 Ave	0.4
L	30.8	56 St	0.2
R	31.0	Skillman Ave	0.7
X	31.7	Torsni Lodati Playground	0.7
R	32.4	Queens Blvd - bike path	0.5
BL	32.9	Queensboro Bridge Path	1.4
ST	34.3	1 Ave <i>R - right; L - left; 1 - first turn after last cue; 2 - second turn; B - bear (left-right); LRL - turns in quick succession, S - straight; T - end of the road; TSO - to stay on; U - U-turn; X - cross or pass by; ⇒ - roads that run together; / - roads with multiple names</i>	0.0

Go	At	On	For
	34.3	End of route	