

| Go | At | On | For |
|-------------|------|---|-----|
| | 0.0 | Start of route | 0.0 |
| ST | 0.0 | Continental Plaza/Williamsburg retrooms Army Brdg - | 0.0 |
| L | 0.0 | S 4 St | 0.3 |
| L | 0.3 | Wythe⇒ Franklin | 3.5 |
| L | 3.8 | Montgomery St | 0.1 |
| R | 4.0 | Bedford Ave | 4.7 |
| X | 8.7 | Galapo Playground - restrooms | 1.0 |
| TL | 9.7 | Emmons Ave | 0.6 |
| RL | 10.3 | Brigham⇒ Belt Bikeway | 1.9 |
| X | 12.2 | Flatbush Ave - careful | 3.0 |
| X | 15.3 | Canarsie Pier - restrooms | 3.0 |
| LR | 18.3 | Shore Pkwy - service road | 0.6 |
| R | 18.9 | 155 Ave | 0.3 |
| L | 19.1 | Cohancy⇒ Hawtree⇒ Bristol | 0.5 |
| R | 19.6 | Centreville⇒ Hawtree | 0.2 |
| R | 19.9 | Linden⇒ Centreville | 0.4 |
| R | 20.2 | Rockaway Blvd | 0.5 |
| R | 20.8 | 114 St | 0.1 |
| L | 20.9 | Sutter Ave | 1.0 |
| L | 21.8 | 131 St⇒ Lincoln St | 0.8 |
| BL | 22.6 | 135 St | 0.6 |
| L | 23.2 | Liberty Ave | 0.1 |
| ST/U | 23.3 | Singh's Roti ⇒ 132 St | 0.1 |
| L | 23.4 | 103 Ave | 0.3 |
| R | 23.7 | 126 St | 0.3 |
| X | 24.1 | Phil (Scooter) Rizzuto Park - restrooms | 0.1 |
| R | 24.1 | 95 Ave | 0.3 |
| R | 24.4 | Lefferts Blvd | 0.6 |
| BL | 25.0 | Babbage St | 0.4 |
| L | 25.4 | 84 Ave | 0.2 |
| R | 25.6 | Myrtle Ave | 0.1 |
| R | 25.7 | Memorial Dr | 0.1 |
| L | 25.8 | Forest Park Greenway | 2.2 |
| X | 27.9 | Dry Harbor Playground | 0.1 |
| L | 28.0 | Myrtle Ave | 0.6 |
| BL | 28.6 | Cooper Ave | 0.5 |
| R | 29.1 | 65 PI | 0.1 |
| LR | 29.2 | Myrtle⇒ 65 PI | 0.2 |
| L | 29.4 | 70 Ave⇒ 65 St | 0.1 |

| Go | At | On | For |
|-----------|------|---|-----|
| L | 29.6 | Catalpa Ave | 0.5 |
| R | 30.1 | Forest Ave | 0.8 |
| TL | 30.8 | Metropolitan Ave | 1.3 |
| BR | 32.2 | TSO Metropolitan Ave | 0.3 |
| L | 32.5 | Catherine St | 0.0 |
| QR | 32.5 | Devoe St | 0.7 |
| TL | 33.3 | Union Ave | 0.1 |
| R | 33.4 | Borinquen⇒ Grand | 0.4 |
| BR | 33.8 | 4 St - careful | 0.1 |
| ST | 33.9 | Continental Park/Williamsburg restrooms Army Brdg - <i>R - right; L - left; 1 - first turn after last cue; 2 - second turn; B - bear (left-right); LRL - turns in quick succession, S - straight; T - end of the road; TSO - to stay on; U - U-turn; X - cross or pass by; ⇒ - roads that run together; / - roads with multiple names; contact: Neile Weissman - nww@mac.com</i> | 0.0 |
| | 33.9 | End of route | |