

Go	At	On	For
	0.0	Start of route	0.0
ST/R	0.0	Pink Moose⇒ 1 Ave	0.1
L	0.1	Queensboro Bridge Path	1.4
L	1.5	Queensboro Bridge Greenway	0.5
TL	2.0	Vernon Blvd	1.0
TL	3.0	Borden Ave	0.9
R	3.9	Starr Ave	0.2
RR	4.1	Van Dam⇒ 35 St	0.1
L	4.2	Review⇒Laurel Hill	0.7
BR	4.9	56 Rd⇒ Rust⇒ 59 Dr	1.5
R	6.5	60 STREET	0.1
1L	6.5	60 AVENUE	0.4
TR	6.9	Mt Olivet Crescent	0.5
TL	7.3	Metropolitan Ave	0.8
R	8.2	73 PLACE	0.4
L	8.6	70 Ave⇒ 74 St⇒ 71 Ave⇒ Cooper Ave	0.5
R	9.0	80 St	0.4
BR	9.5	Dry Harbor Park - rest stop	0.1
L	9.6	Brooklyn-Queens Greenway	0.6
R	10.2	Forest Park DRIVE	0.0
R	10.2	Forest PARKWAY	0.1
TL	10.3	TSO Forest Pkwy	0.2
L	10.5	Park Ln South	1.5
L	12.0	TSO Park Ln South	0.3
R	12.3	Metropolitan Ave	0.9
R	13.2	132 St	0.1
TL	13.3	Jamaica Ave	0.4
R	13.7	139 St	0.2
TL	13.9	Archer Ave - careful	0.2
R	14.1	Sutphin Blvd - careful	0.4
L	14.5	Liberty Ave - careful	1.7
R	16.2	Dunkirk St	0.7
LR	16.9	Murdock⇒ Dorman's Rd⇒ 115 Ave	2.3
R	19.2	Cross Island Pkwy	0.4
LR	19.6	Linden⇒ Cross Island Pkwy⇒ 238 St	0.6
LR	20.2	121 Ave⇒ Laurelton Pkwy	0.7
R	20.9	133 Ave	0.2
L	21.1	232 St	0.1
L	21.2	Merrick Blvd - Jamaica Breeze, pickup lunch	0.3

Go	At	On	For
R	21.4	Brookville Blvd	0.9
R/U	22.3	Brookville Park - lunch	0.0
R	22.3	Brookville Blvd	0.4
R	22.7	147 Ave	0.3
L	23.0	230 PLACE	0.3
R	23.3	230 STREET	0.1
L	23.4	148 Ave	0.2
L	23.6	225 St	0.0
S	23.7	Idlewild Park Preserve - maneu- ver bike over fence	0.4
R	24.1	Springfield Ln	0.4
L	24.5	147 Ave	0.8
TR	25.3	Rockaway Blvd	0.8
L	26.1	134 Ave	0.2
S	26.3	Baisley Pond Park	0.1
S	26.5	133 Ave	0.4
L	26.9	143 St	0.1
TR	26.9	135 Ave	0.1
R	27.0	140 St	0.1
L	27.1	133 Ave	1.5
TR	28.6	114 St	0.3
TL	28.9	Rockaway Blvd	0.5
L	29.4	Centreville⇒ Linden⇒ Gold⇒ 89 St	0.9
BL	30.2	133 Ave	0.2
BR	30.4	Pitkin Ave	1.3
R	31.7	Doscher St	0.2
L	31.8	Liberty Ave	1.8
TR	33.7	Mother Gaston Blvd	0.1
RL	33.7	New York Ave⇒ Bergen St	0.5
L	34.2	Saratoga Ave	0.2
R	34.5	Sterling Pl	2.9
RR	37.4	Flatbush⇒ Carlton	1.5
TL	38.9	Flushing Ave	0.4
R	39.3	Navy St	0.1
1L	39.4	Sands St - bikeway	0.3
LL	39.7	Manhattan Bridge Bikeway	1.4
ST	41.1	Canal & Forsyth St <i>R - right; L - left; 1 - first turn af- ter last cue; 2 - second turn; B - bear (left-right); LRL - turns in quick succession, S - straight; T - end of the road; TSO - to stay on; U - U-turn; X - cross or pass by; ⇒ - roads that run together; / - roads with multiple names</i>	0.0

Go	At	On	For
	41.1	End of route	