

Go	At	On	For
	0.0	Start of route	0.0
ST	0.0	Wards Meadow Cafe - restrooms⇒ Randall's Island Connector Greenway	1.2
L	1.2	TSO **RICG - dirt	0.1
R	1.3	Central Road	0.1
RL	1.3	Central Rd⇒ RICG	0.2
R	1.6	**Sunken Meadow Loop - path	0.9
R	2.4	Randall's Island Connector - sharp	0.2
R	2.7	132 St - NY Post	0.1
L	2.8	Locust St	0.5
TL	3.3	141 St	0.2
R	3.5	Bruckner Blvd - careful, sidewalk option	0.4
1R	3.9	149 St	0.3
TL	4.2	Oak Point Av⇒ industrial park - careful	0.9
R	5.1	Tiffany St	0.2
TL	5.3	Viele Ave - Barretto Point Park - restrooms	0.2
R	5.5	Manida St	0.1
TL	5.6	Ryawa Ave⇒ Food Center Dr - watch for two sets of railroad tracks	0.7
BR	6.3	bike path	0.9
R	7.3	Halleck⇒ Edgewater	0.8
X	8.1	construction as of 5/21 - walk bikes	0.1
TR	8.2	Bruckner Blvd - sidewalk, careful	0.1
QR	8.4	Bronx River Ave	0.1
TL	8.5	Story Ave	0.1
R	8.6	Colgate Ave	0.1
L	8.7	Lafayette Ave	0.1
R	8.8	Soundview Park path - rest stop	0.0
R	8.9	towards bike way	0.1
TL	9.0	Soundview Park Bike Way	1.4
S	10.4	O'Brien Ave	0.3
TL	10.6	Stephens⇒ Compton⇒ Patterson	0.2
R	10.9	White Plains Rd	0.1
R	11.0	Lacombe Ave	0.7
TL	11.7	Zerega Ave	0.8
R	12.5	Bruckner Bridge - walk bikes	0.1

Go	At	On	For
L	12.6	Brush Ave⇒ Hutchinson River Bikeway - careful	1.3
RR	13.9	Westchester⇒ Middletown	0.5
R	14.4	Jarvis⇒ Country Club Rd	0.5
L	14.9	Stadium Ave	0.4
X	15.3	Barino's Market	0.1
S	15.4	Pelham Bay - Nature Center, restrooms	0.8
LR	16.2	Pelham Parkway Greenway	0.9
RL	17.1	Pelham Pkwy North - service road	0.2
R	17.3	Westervelt Ave	0.2
L	17.5	Waring Ave	1.6
TL	19.1	Bronx Park E	0.5
LR	19.5	Arnow Ave⇒ Bronx Park bikeway	0.2
L	19.8	tunnel under Bronx River Parkway	0.4
X	20.1	Allerton Ballfields - restrooms	0.0
S	20.2	204 St	0.0
L	20.2	Webster Ave	1.0
LR	21.2	Fordham Rd⇒ Bronx Night Market	0.0
R	21.3	Park Ave	1.4
TL	22.7	173 St	0.0
LR	22.7	Park Ave⇒ 174 St	0.2
R	22.9	3 Ave	1.5
LR	24.4	161 St⇒ St. Ann's Av	1.5
L	25.9	132 St	0.4
R	26.4	Randalls Island Connector	0.2
R	26.6	Randall's Island	0.6
BR	27.3	Harlem River Pathway	0.6
R	27.8	Little Hell Gate Bridge	0.1
R/ST	27.9	Harlem River Pathway⇒ Wards Island Bridge <i>R - right; L - left; 1 - first turn after last cue; 2 - second turn; B - bear (left-right); LRL - turns in quick succession, S - straight; T - end of the road; TSO - to stay on; U - U-turn; X - cross or pass by; ⇒ - roads that run together; / - roads with multiple names</i>	0.6

Go	At	On	For
	28.6	End of route	