

Go	At	On	For
	0.0	Start of route	0.0
	0.0	Poughkeepsie Railroad Station	0.0
	0.0	Proceed up hill	0.1
QL	0.1	Davies Pl	0.1
QR	0.2	Mill St	0.1
S	0.2	Verazzano Blvd	0.3
S	0.5	Brookside Ave	0.3
L	0.8	Garden St	0.1
QL	0.9	Parker Ave	0.1
QR	1.0	Walkway Over the Hudson	1.6
S	2.6	Hudson Valley Rail Trail	6.4
	9.0	Hudson Valley Rail Trail continues across Route 299	0.6
R	9.6	N Putt Corners Rd	0.3
L	9.9	Henry W Dubois Dr	1.2
L	11.1	N Chestnut St	0.1
QR	11.2	Broadhead Ave	0.1
L	11.3	Huguenot St	0.1
BL	11.4	N Front St	0.1
QR	11.5	Wallkill Valley Rail Trail	0.3
L	11.8	at Water St	0.0
PIT	11.8	Water St Market rest stop at Mudd Puddle Coffee Roasters	0.0
QR	11.8	Wallkill Valley Rail Trail	2.3
S	14.1	Springtown Truss Bridge. After bridge, continue north on Wallkill Valley Rail Trail	4.8
S	18.9	Rosendale Trestle Bridge. After bridge, continue north on Wallkill Valley Rail Trail.	0.3
L	19.2	at gravel path	0.0
QL	19.2	Binnewater Rd	0.3
L	19.6	Route 213	0.3
PIT	19.9	Lunch at The Big Cheese. After lunch, continue east on Route 213.	0.5
R	20.4	Route 32/213	0.0
QR	20.4	Route 32/213	2.6
L	23.0	Route 213	0.3
L	23.3	Perrines Bridge	0.1
Uturn	23.4	Make a U-turn onto Perrines Bridge	0.1

Go	At	On	For
QL	23.4	Route 213	0.6
R	24.1	Cow Hough Rd	0.0
BL	24.1	Dashville Rd	0.7
BR	24.8	Old Post Rd	0.2
R	25.0	Martin Sweedish Rd	2.2
R	27.2	Plutarch Rd	3.3
L	30.5	New Paltz Rd	0.4
R	30.9	S Elting Corners Rd	0.2
L	31.1	Hudson Valley Rail Trail across Route 299	3.2
PIT	34.4	Rest stop at Highland Rotary Pavilion	2.2
S	36.5	Walkway Over the Hudson	1.6
L	38.1	Parker Ave	0.1
QR	38.2	Garden St	0.1
QR	38.3	Brookside Ave	0.3
S	38.6	Verazzano Blvd	0.3
S	38.9	Mill St	0.1
QL	39.0	Davies Pl	0.1
QR	39.1	Turn right	0.1
	39.1	Poughkeepsie Railroad Station	0.0
	39.1	End of route	