

Go	At	On	For
	0.0	Start of route	0.0
	0.0	Start: Dino Playground, Riverside Dr at 97th St	0.0
	0.0	Proceed: North on path in Riverside Park	0.2
L	0.2	Under highway towards Hudson River Greenway	0.1
QR	0.3	Hudson River Greenway	2.6
R	2.9	Towards Denny Farrell Bridge	0.0
QL	2.9	Denny Farrell Bridge	0.2
L	3.1	Riverside Dr	0.1
R	3.3	TRO Riverside Dr	0.2
L	3.5	TRO Riverside Dr	0.3
R	3.8	W 162nd St	0.1
L	3.9	Fort Washington Ave	0.7
L	4.6	W 177th St	0.1
R	4.7	Cabrini Blvd	0.0
QL	4.8	GWB bike/ped path	1.2
L	6.0	Hudson Terrace SIDEWALK	0.5
L	6.4	Henry Hudson Dr	7.1
S	13.6	Henry Hudson Dr at circle (big hill)	0.9
PIT	14.5	Rest stop: Palisades Interstate Park Commission HQ	0.1
S	14.6	Alpine Approach Rd	0.2
R	14.8	9W	3.2
R	18.0	Ludlow Ln at Lamont Observatory to end	0.9
L	18.9	Washington Spring Rd	0.1
BR	19.1	Woods Rd	0.5
L	19.5	Tallman Mountain State Park (very off road)	0.1
R	19.7	Path in Tallman Mountain State Park	1.0
R	20.7	Road in Tallman Mountain State Park	0.2
R	20.9	TRO Road in Tallman Mountain State Park	0.6
R	21.6	Ferdon Ave	0.1
QR	21.6	Paradise Ave	0.2
R	21.8	Ferry Rd	0.9
Uturn	22.8	End of Piermont Pier	0.8
PIT	23.6	Lunch: Goswick Pavilion	0.1

Go	At	On	For
QL	23.7	TRO Ferry Rd	0.0
S	23.7	Paradise Ave	0.2
S	23.9	Piermont Ave	0.8
L	24.7	Joseph B. Clarke Rail-Trail	1.3
L	25.9	Oak Tree Rd	0.6
R	26.5	NY-340 E	0.4
S	26.9	Piermont Rd	4.1
S	31.0	County Rd	0.2
R	31.3	Piermont Rd	1.8
L	33.0	Central Ave	0.1
QR	33.1	County Rd	0.4
L	33.5	E Clinton Ave	0.1
QR	33.6	Dean Dr	0.1
QL	33.6	Huyler Ave	0.2
S	33.8	Westervelt Ave	0.2
R	34.1	Engle St	0.1
L	34.2	Woodland Park Dr	0.4
R	34.6	Leroy St	0.1
QL	34.7	Churchill Rd (big hill)	0.7
R	35.4	Woodland St	1.1
L	36.5	Pershing Rd	0.3
R	36.8	Summit St	0.3
L	37.2	E Palisade Ave	0.4
R	37.6	Hudson Terrace	1.4
PIT	39.0	Strictly Bicycles	0.6
L	39.6	GWB bike/ped path	1.2
R	40.8	Cabrini Blvd	0.0
	40.8	End: Cabrini Blvd	0.0
	40.8	End of route	