


Go	At	On	For
	0.0	Start of route	0.0
	0.0	Poughkeepsie Railroad Station	0.0
QL	0.0	Uphill	0.1
QL	0.1	Davies Pl	0.1
QR	0.2	Mill St	0.1
S	0.2	Verazzano Blvd	0.3
S	0.5	Brookside Ave	0.3
L	0.8	Garden St	0.1
QL	0.9	Parker Ave	0.1
QR	1.0	Walkway Over the Hudson	1.6
S	2.6	Hudson Valley Rail Trail	5.4
R	8.0	South St	0.0
QL	8.0	NY-299	2.2
L	10.2	NY-32 S/S Manheim Blvd	0.6
R	10.9	Southside Loop	0.3
R	11.2	TRO Southside Loop	0.3
S	11.5	Southside Ave	0.2
R	11.7	Pencil Hill Rd	0.1
R	11.8	Plains Rd	0.0
BL	11.8	Water St	0.1
L	12.0	NY-299	0.9
BL	12.9	CR7 Libertyville Rd	2.9
S	15.8	Albany Post Rd	1.9
BR	17.7	Bruynswick Rd	0.2
R	17.9	Guilford Rd	1.9
R	19.8	US44/NY55	0.0
PIT	19.8	Lunch at Mountain Harbor Deli. Eat in or take out to picnic at Awosting Falls	0.0
QL	19.8	US44/NY55	3.1
L	22.9	Lyons Rd	0.2
R	23.1	Trapps Trail	1.2
	24.3	Swimming at Awosting Falls is at your own risk and is not sanc- tioned by the club.	0.0
Uturn	24.3	Return: Trapps Trail	1.2
L	25.5	Lyons Rd	0.2
R	25.7	US44/NY55	3.1
L	28.8	NY-299	3.6
L	32.4	Butterville Rd	1.5
S	33.9	Canaan Rd	0.7
R	34.7	Dug Rd	1.5

Go	At	On	For
R	36.2	Wallkill Valley Rail Trail	1.9
L	38.1	Broadhead Ave	0.0
QL	38.1	N Chestnut St	0.1
QR	38.2	Henry W Dubois Dr	1.2
R	39.3	New Paltz Bypass/N Putt Corners Rd	0.3
L	39.6	NY-299	1.6
R	41.2	South St	0.0
QL	41.2	Hudson Valley Rail Trail	5.4
S	46.6	Walkway Over the Hudson	1.6
L	48.2	Parker Ave	0.1
QR	48.3	Garden St	0.1
QR	48.4	Brookside Ave	0.3
S	48.7	Verazzano Blvd	0.3
S	49.0	Mill St	0.1
QL	49.1	Davies Pl	0.2
	49.2	Poughkeepsie Railroad Station	0.0
	49.2	End of route	